

G O S P E L

A reading from the Gospel of Luke 4: 1-13

After Jesus was baptized in the Jordan River, the Spirit led him into the desert for forty days, and the devil tried to tempt him. For all those days, Jesus did not eat any food, and he was hungry. So the devil said to Jesus: 'If you are the Son of God, tell this stone to become bread.'

But Jesus said to the devil: 'It is written in the books of Moses, 'People do not live just by eating food.' '

Then the devil took Jesus up and showed him all the kingdoms of the world, and said: 'I will give you all the power and glory of these kingdoms if you will worship me.'

But Jesus said, 'It is written in the books of Moses, 'You must worship God, and only God!' '

Then the devil took Jesus to the very top of the temple in Jerusalem, and said to him: 'If you are the Son of God, jump down from here, because it is written in the book of Psalms, 'God will tell the angels to take care of you, and they will catch you so that you will not hurt your foot on a rock.' '

But Jesus said, 'It is also written, 'You shall not test your God.' '

After these temptations, the devil left Jesus and waited for another time to come again.

The Gospel of the Lord.

C H I L D R E N ' S
L I T U R G Y

CAN WE TALK ABOUT IT

In today's Gospel, Jesus reminds us that we should only worship one God and that we should never test God's power. We will all experience a time when we are tempted to do something wrong. However, we must choose to do what is right!

Today is the first Sunday of Lent. The word 'Lent' comes from 'lencten' which means springtime. It is the time of year when the days get longer as summer approaches.

Lent begins on Ash Wednesday and lasts for 40 days. During Lent we also hear about the word 'repentance'. This means being sorry for things we have done wrong.

Lent is a time where we make a special effort to become more like Jesus, by making promises. For example, we may promise to give up something nice or to do something good. No matter what we do, we try to keep in touch with God, to be less selfish, and be more generous.

What are some of the Lenten Promises YOU will try to follow?

ACTIVITY

